

# Milton Keynes Regatta – 17<sup>th</sup> September 2022



## Circulation Pattern

### Heading Towards The Start

Once boated from the outward pontoon, crews should proceed towards the south end of the lake and then around the perimeter of the lake towards the start (by the bridge) keeping the yellow buoys to bow side. All 8+ crews will need to pass the inward pontoon as they travel round the perimeter. Coxes should be aware of returning crews and travel slowly to the south of the lake.

No warm up space is available. Crews are not permitted to turn and row southbound on the far side of the lake. Crews are also not permitted to row beyond the bridge on to the North Lake.

Bank marshals will hold the crews at the top (north) end of the lake, before the bridge, until they are called for their race.

When instructed to do so, approach the stake boat and spin as close to the stake boat as possible and then back on to it and attach. Lining up can be difficult if there is a crosswind. Please listen to and comply with the instructions you are given by the bank marshals and umpires.

**Crews should be aware of the racing lanes and not encroach on them either whilst travelling to the start or whilst stationary in the access lane.**

### Finishing & Returning

At the end of the race crews should turn towards the shore and immediately move away from the racing lanes. Crews should keep the marker buoys to bow side as they head towards the inward pontoon. Marshals will call you in to landing spaces available. Please listen to their instructions. No cooling down is permitted.

Eights should follow the instructions above but instead return to the pontoon they departed from.

### Hazard Points

When on the water all crews should be aware of algae raft positioned towards the south end of the lake and the large yellow buoys positioned around the lake. Crews of coxless boats are reminded to be extra vigilant. Crews should take care when spinning near the bridge, especially in windy conditions.

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